

Drop in Club Salsa
with Ava and Rodolfo of the Latin Symbolics

Level 1

January, March, May July, September, November

1. Alternating right turns.
2. Drop Catch (in place).
3. Change of places inside turn.
4. Copa.

February, April, June, August, October, December

1. Crossed hold right turns.
2. Hammerlock and left turn.
3. Change of places outside turn.
4. Cross body lead inside turn.

****5th Week in a month: “Surprise” or “Request”**

Drop in Club Salsa
with Ava and Rodolfo of the Latin Symbolics

Level 1+

January, March, May July, September, November

1. Double outside turns for follower and different hand holds.
2. Drop catch on cross body lead (hook or pencil turn for leader).
3. Cross body lead inside turn.
4. Copa inside turn variation with a turn for the leader.

February, April, June, August, October, December

1. Cross body lead outside turn.
2. Opposite side “out of the way” to change of places outside turn.
3. Spot turn.
4. 360.

****5th Week in a month: “Surprise” or “Request”**